

Self Guided Walking at Fowey



Holiday Overview

Fowey is a quaint harbour-side town that oozes maritime charm with its narrow lanes and rich seagoing history with lots to offer self-guided walkers. It boasts a variety of amazing walks looping around coastal peninsulas interspersed with **fishermen's cottages**, medieval churches, castles and grand country houses. Just a step away from the town you are in quiet countryside, tranquil tidal estuaries and isolated white sandy beaches await you. Our self-guided walks range from 4 to 9 miles with choices in between. The terrain varies and there are some steeper parts that add to the drama and beauty of the experience. Everything about this holiday has been **carefully researched** and tested so you can enjoy walking at Fowey as much as we do.



Package Highlights

- Historic port town with a quaint village feel
- Interesting flexible walks to choose each day
- Detailed walking route information cards and maps
- Grand country house Hotel with pool & spa
- Unlimited support and advice throughout
- Free travel planning service



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Walks Information

After booking we provide detailed walking route guides by email for you to ponder and plan your options ahead of your holiday, then waiting at the Hotel will be hard copies and maps for you to use on the walks. Our self-guided walking holiday is totally flexible so you can choose which walks to enjoy each day and we can help you with any questions that may arise.

Fowey, Hall Walk To Polruan

3.8 miles - moderate to strenuous

Generally moderate with a few steep inclines, this walk takes you through the bustling streets of Fowey, crossing the river at Boddinick then along the tranquil wooded east bank following the Hall Walk around Pont Creek to the fishing village of Polruan, returning by boat to Fowey.

Polruan To Lantic Bay

4.2 miles - moderate to strenuous

Following the coast path from Polruan this stunning section of coast line can be a little demanding but the views are worth the effort. Lantic Bay lies deep below the cliffs and is an isolated strip of white sandy beach. The return leg of this walk includes a section of the Hall Walk so you can join the two together.

Lantivet Bay and Lansallos

5 miles - moderate to strenuous

Continuing on from Lantic Bay this wild coast was home to many Cornish smugglers as well as a small fishing fleet, launching boats straight from the beaches. Lansallos is a quiet village now with a Norman Church to explore before heading further inland past the site of an abandoned copper mine.

Readymoney Cove, Polkerris and Gibben Head

7 miles - moderate to strenuous

Following the Saints Way across the headland takes you to the pretty harbour of Polkerris that nestles sheltered in the corner of St Austell Bay. Along the coast path there are wide views across Cornwall as you head toward the towering day-mark at Gribben Head then back via St Catherine's Castle built by Henry VIII that guards the entrance to the Fowey River.



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Accommodation

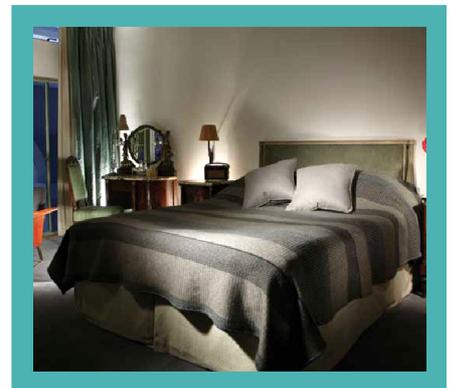
The **Fowey Hall Hotel** is a quintessentially English **Victorian country house** built in the late 1800s by Charles Hanson, a local man who had found fortune in the Canadian lumber business and went on to be Lord Mayor of London. Set high up over-looking the harbour and with magnificent views out to sea, no wonder he chose to call this commanding spot home. Comfortable elegance welcomes in the reception rooms, with plump sofas around **roaring fires** and with practised discreet service staff so you can drift into your own Victorian fantasy after a day walking in the fresh sea air. At the Spa Centre is a **heated indoor swimming pool** and **outdoor hot tub** with great views over the water. There are treatments available including massages to soothe away the day. This unique Hotel chooses not to be officially rated but, we describe the Hotel as easily comparable with 4 stars if not higher.

Rooms

Deluxe Rooms in this grand house look out into the gardens with the Fowey river estuary as a backdrop. With a sumptuous king-size bed, seating and expansive bathrooms these offer a very high level of comfort. Equally well appointed, the **Standard Rooms** are located at the rear of the main building in the old stables and look out onto a sheltered walled courtyard. Each room is well equipped with a TV, DVD player and Wifi, also a hairdryer, iron and facilities to make hot drinks. The Hotel has a guest laundry service each day.

Food

Fowey Hall has a **2 AA Rosette Award** and the chefs work with local producers to source the very best Cornish ingredients. Breakfast is included in our package and you can enjoy a wide selection of tasty cooked options and fruit, cereals etc served in the bright elegant morning room. For lunch there is an excellent deli in Fowey where you can pick up superb freshly baked savouries, local cured meats and cheese to take along on your walk or depending on your schedule, there are pubs along the walks that may tempt you to rest a while. Dining in the Hotel Restaurant is a real treat, delicious dishes including **fresh local fish** and shellfish are prepared creatively and local lobster may also be pre-ordered should you wish to really push the boat out. There are many other eateries in Fowey to try with pubs and bistros offering an informal choice of good value meals.



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Location & Travel

Fowey on the South Cornish Coast is an ancient port on the side of a stunning natural river harbour opposite the fishing village of Polruan. The town was home to Daphne Du Maurier whose famous book Jamaica Inn is a tale of smuggling in Cornwall and a great read for visitors. There are numerous craft shops to browse and riverside cafes and pubs where you can watch the action on the river.

Travelling by Car

Leave the M5 at Exit 31 taking the A30 until Bodmin then A38, B3268 and B3269 toward Lostwithiel, turning right toward Fowey onto A390 then left on B3269 to Fowey . Exeter 1hr 20mins, Bristol Airport 2hrs 35mins, London Heathrow 4hrs.

Travelling by Train

Par is the nearest rail station with frequent trains from London, Exeter, Plymouth, Truro and Penzance, from here you can continue by bus and on foot 30mins or taxi 15mins. Exeter 2hrs, London Heathrow 5hrs.

Travelling by Air

Cornwall Newquay Airport has connecting flights from London Gatwick 1hr 5mins and London Stansted 1hr 15mins (spring/summer) then by taxi 40mins. From London Heathrow continue by train to Par and then bus or taxi.

